



BETH ARIEL OTTAWA
MESSIANIC CONGREGATION

SHABBAT BLESSINGS

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Blessings over the candles | Blessings for children
Blessings for the Kiddush | Blessings over the bread (Hamotzi)

Beth Ariel Ottawa | Messianic Congregation for Jewish and Gentile Believers

Blessing over the candles

My Jewish Learning

<https://www.myjewishlearning.com/article/lighting-shabbat-candles/>

The Lighting of Candles as sunset approaches on Friday is the traditional sign of the arrival of Shabbat. After lighting the candles, it is customary to cover one's eyes and recite the following:

The Blessing

Blessed are You, Lord our God, Ruler of the Universe, who has sanctified us with commandments, and commanded us to light Shabbat candles

ברוך אתה ה' אלהינו מלך העולם אשר קדשנו במצותיו וצונו להדליק נר של שבת

Barukh atah Adonai Eloheinu melek ha'olam asher kid'shanu b'mitzvotav v'tzivanu l'hadlik ner shel Shabbat.

Blessing for the children

My Jewish Learning

<https://www.myjewishlearning.com/article/blessing-the-children/>

In households with children, it is traditional to offer a special blessing on Friday night after candle-lighting. There are two versions, one for boys and one for girls.

The Blessing

For boys, the introductory line is:

May you be like Ephraim and Menashe.

יְשִׁמְךָ אֱלֹהִים כְּאַפְרַיִם וְכַמְנָשָׁה

Yesimcha Elohim k'Ephraim v'chi-Menashe.

For girls, the introductory line is:

May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׁימְךָ אֱלֹהִים כְּשָׂרָה רַבִּקָּה רָחֵל וּלְאָה

Yesimech Elohim k'Sarah Rivka Rachel v'Leah

For both boys and girls, the rest of the blessing is:

May God bless you and protect you.

יְבָרֶכְךָ יְהוָה וְיִשְׁמְרֶכָּה

Yivarechecha Adonai v'yishmerecha

May God show you favor and be gracious to you.

יְאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחֲנֶךָ

Ya'er Adonai panav eilecha vichuneka

May God show you kindness and grant you peace.

יֵשֶׁא יְהוָה פָּנָיו אֵלֶיךָ וַיַּשֶּׁם לְךָ שְׁלוֹם

Yisa Adonai panav eilecha v'yasem lecha shalom

Blessing for the Kiddush

My Jewish Learning

<https://www.myjewishlearning.com/article/kiddush-holding-the-divine-presence-in-our-hands/>

After the lighting of the candles, The Kiddush marks Shabbat as sacred time. Recite the blessing before sipping the wine or grape juice.

The Prayer

Blessed are you, Lord our God, Ruler of the Universe, who creates the fruit of the vine.

פָּגַה יְרֵכָה רַבּ מְלֻכָּה לְמִנְיָהּ הָאֵלֹהִים תָּאֵר

Baruch ata Adonai, Eloheinu Melech ha-olam, borei p'ri hagafen.

Blessing over the bread (Hamotzi)

My Jewish Learning

<https://www.myjewishlearning.com/article/hamotzi-the-deeper-significance-of-the-blessing-over-bread/>

After the washing of hands, some people have the custom of remaining silent until bread is eaten. Prior to eating the bread, the following blessing is recited.

The Blessing

Blessed are You, Lord our God, King of the universe, who has brought forth bread from the earth.

רָא הָאֵלֹהִים חֵלְאֵי צֶמֶח מְלֻכָּה לְרִמְיָהּ הָאֵלֹהִים תָּאֵר

Baruch ata Adonai, Eloheinu Melech ha-olam, hamotzi lechem min ha'aretz